



## Ingredients

- 1 lb ground beef
- 1 small onion
- 2 cloves garlic minced
- 1 can diced tomatoes with green chilies
- 1/2 cup greek yogurt
- 1 tsp worcestershire sauce
- 1 packet taco seasoning
- 2 lbs frozen shredded hash browns
- 3 cups shredded cheese
- 1 cup 2% milk

## Directions

1. Brown 1 pound of ground beef, with one diced onion and a scoop of minced garlic in a hot pan.
2. Add everything else. Stir until well combined.
3. Cook on low for 4 hours or high for 2 hours.

Enjoy!

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